

LESSON TRANSCRIPT

Culture Class: Essential Japanese Vocabulary S1 #17 Commonly Used Medicines and Drugs

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INTRODUCTION

Yura: Hi everyone, I'm Yura.

Natsuko: And I'm Natsuko!

Yura: And welcome to Culture Class: Essential Japanese Vocabulary, Lesson 17! In this lesson you'll learn 5 essential words related to Health

FIVE KEY VOCABULARY ITEMS

Yura: Natsuko, what's our first word?

Natsuko: かせ薬

Yura: cold medicine

Natsuko: (slow) かせ薬 (regular) かせ薬

Yura: Listeners, please repeat:

Natsuko: かせ薬

[pause - 5 sec.]

Yura:

It's normal for Japanese people to go see a doctor when they catch a cold. However, a variety of cold medicines are available without prescription at pharmacies and drug stores. These medicines, called ""kazegusuri"", are usually effective against many typical symptoms such as fever, runny nose, sore throats and coughs. -

Yura: Now, let's hear a sample sentence using this word.

Natsuko: (normal) かせ薬のCMは、冬によく流れます。

Yura: TV commercials for cold medicines are broadcast more often in winter.

Natsuko: (slow) かせ薬のCMは、冬によく流れます。

Yura: Okay, what's the next word?

Natsuko: 頭痛薬

Yura: headache medicine

Natsuko: (slow) 頭痛薬 (regular) 頭痛薬

Yura: Listeners, please repeat:

Natsuko: 頭痛薬

[pause - 5 sec.]

Yura:

Pain killers are called ""chintsūzai"", and the word ""zutsūyaku"" literally means ""headache killer"". Japanese people are not very familiar with medicine names such as ""aspirin"", so people tend to use collective terms, such as ""medicine for headache"". -

Yura: Now, let's hear a sample sentence using this word.

Natsuko: (normal) 日本では、処方箋のいない頭痛薬が約15種類もあります。

Yura: There are around fifteen major types of headache medicines available without

prescription in Japan.

Natsuko: (slow) 日本では、処方箋のいない頭痛薬が約15種類もあります。

Yura: Okay, what's the next word?

Natsuko: 正露丸

Yura: A gastrointestinal medicine

Natsuko: (slow) 正露丸 (regular) 正露丸

Yura: Listeners, please repeat:

Natsuko: 正露丸

[pause - 5 sec.]

Yura:

""Sērogan"" is a trademarked brand name of gastrointestinal medicine with an origin that dates back to the 1900s. The medicine is famous for its effectiveness, but it's also famous for its strong smell. -

Yura: Now, let's hear a sample sentence using this word.

Natsuko: (normal) 正露丸はにおいが強いので、糖衣錠タイプが発売され、多くの人に好まれています。

Yura: Because of Sērogan's strong smell, the pharmaceutical company that produces it invented a sugar-coated tablet version, which many people prefer.

Natsuko: (slow) 正露丸はにおいが強いので、糖衣錠タイプが発売され、多くの人に好まれています。

Yura: Okay, what's the next word?

Natsuko: 湿布

Yura: hot or cold pad used for muscle aches and injuries

Natsuko: (slow) 湿布 (regular) 湿布

Yura: Listeners, please repeat:

Natsuko: 湿布

[pause - 5 sec.]

Yura:

Warm or cold packs for pain relief are popular, and are easily found at any drug store in Japan. Both cold and warm packs are used depending on the type of injury. -

Yura: Now, let's hear a sample sentence using this word.

Natsuko: (normal) 子供から大人まで、広い世代の日本人が痛みやけがに湿布を使います。

Yura: From children to the elderly, Japanese people use hot or cold pads for muscle pain and injuries.

Natsuko: (slow) 子供から大人まで、広い世代の日本人が痛みやけがに湿布を使います。

Yura: Okay, what's the last word?

Natsuko: ムヒ

Yura: An anti-histamine/anti-itch

agent

Natsuko: (slow) ムヒ (regular) ムヒ

Yura: Listeners, please repeat:

Natsuko: ムヒ

[pause - 5 sec.]

Yura:

Since there are many insects in Japan, pharmaceutical products to protect from mosquito bites and products for after being bitten are essential in summer. Muhi is one of the most famous products for calming itchiness, and is applied directly to a mosquito bite. -

Yura: Now, let's hear a sample sentence using this word.

Natsuko: (normal) ムヒは、日本で長く使われているかゆみどめです。

Yura: Muhi is one of the longest selling anti-itch creams in Japan.

Natsuko: (slow) ムヒは、日本で長く使われているかゆみどめです。

QUIZ

Yura: Okay listeners, are you ready to be quizzed on the words you just learned?

Natsuko will give you the Japanese – please say the English meaning out loud! Are you ready?

Natsuko: かせ薬

[pause]Yura: cold medicine

Natsuko: 頭痛薬

[pause]Yura: headache medicine

Natsuko: 正露丸

[pause]Yura: a gastrointestinal medicine

Natsuko: 湿布

[pause]Yura: hot or cold pad used for muscle aches and injuries

Natsuko: ムヒ

[pause]Yura: an anti-histamine/anti-itch agent

OUTRO

Yura: There you have it – five commonly used medicines and drugs in Japan! We have more vocab lists available at JapanesePod101.com, so be sure to check them out.

Thanks everyone, see you next time!

Natsuko: またね!